

LEGAL SEA FOODS

If it isn't fresh, it isn't Legal!®

RAW BAR*

PURE, NATURAL, AND PREPARED TO ORDER

OYSTERS OF THE DAY*	3.75
COLOSSAL NAKED SHRIMP COCKTAIL	22
BLACKENED RAW TUNA TATAKI*	20.5
sesame chili vinaigrette, seaweed salad, wasabi cream	

STARTERS

NEW ENGLAND CLAM CHOWDER	11.5
LEGAL'S SIGNATURE CRAB CAKE	26
local organic leaf lettuce, apples, dried cranberry, apple Dijon vinaigrette	

CRISPY CALAMARI with tartar sauce	18.5
RHODE ISLAND (HOT PEPPERS & GARLIC)	19.5

SALADS

GREEK SALAD	12.5
tomato, cucumber, feta, chickpeas, Kalamata olives, lemon-oregano vinaigrette	

HOUSE SALAD	12
local organic leaf lettuce, apples, dried cranberry, blue cheese, candied walnuts, apple Dijon vinaigrette	

CLASSIC CAESAR SALAD	12.5
romaine hearts, garlic croutons, shaved romano, creamy dressing	

TOP SALADS WITH:

GRILLED OR CAJUN CHICKEN	7.5
GRILLED OR CAJUN COLOSSAL SHRIMP	14
GRILLED OR CAJUN TUNA*	16.5
GRILLED ORGANIC SALMON*	16.5
LOBSTER OR CRABMEAT SALAD	MKT

CRISPY FRIED

TRADITIONAL NEW ENGLAND OR ANGRY STYLE
served with french fries and coleslaw

JUMBO NAKED SHRIMP	29
--------------------	----

NORTH ATLANTIC SEA SCALLOPS	40.5
-----------------------------	------

NEW ENGLAND CLAMS	MKT
-------------------	-----

whole-bellied, sweet & petite

FISH & CHIPS	31
--------------	----

locally-sourced by our good friend, Tory Bramante

FRESH CATCH

served with your choice of two sides

ORGANIC SALMON*	36
-----------------	----

EU Organic, Isle of Skye Scotland

TUNA STEAK*	42.5
-------------	------

scan below for today's origin

SEA SCALLOPS	40.5
--------------	------

Gulf of Maine (MSC Certified Sustainable)

COLOSSAL SHRIMP	35
-----------------	----

all natural, BAP 4-Star Certified Sustainable, Bay of Bengal

ADD AN ENHANCEMENT
cajun spice | garlic butter

Scan for details on today's Fresh Catch!



DESSERTS

BOSTON CREAM PIE	11
------------------	----

sponge cake, custard, chocolate sauce, crème anglaise, almonds, toffee bits

KEY LIME PIE	11
--------------	----

lime custard, raspberry sauce, whipped cream

OUR GLUTEN FREE PROMISE: At Legal Sea Foods, we're committed to offering gluten free menu items for our guests- a mix of items that are naturally or can be prepared gluten free. In fact, our famous fry mix is gluten free – so all of your crispy fried favorites can be enjoyed. Please specify with your server if you prefer Gluten Free preparation.

THE RAW FACTS: *Before placing your order, please inform your server if a person in your party has a food allergy. Served raw or undercooked, or contains (or may contain) raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

LEGAL TEST KITCHEN & CLASSICS

HERB CRUSTED SALMON*, ORGANIC SEA HARVEST, ISLE OF SKYE	36
asparagus, mushroom, and farro salad, cider Dijon vinaigrette	

NORI-CHILI CRUSTED YELLOWFIN TUNA*	42.5
jasmine rice, roasted broccoli, ponzu sauce	

LEGAL'S SIGNATURE CRAB CAKE COMBO	46
lump crab cake, grilled shrimp, seared scallops, mustard sauce, greens, apples, dried cranberry, apple Dijon vinaigrette	

NEW ENGLAND BAKED HADDOCK - ANNA'S WAY	31
buttered crumbs, roasted tomato, jasmine rice	

SANDWICHES

DOUBLE RANCH USDA PRIME BACON CHEDDAR BURGER*	20
applewood smoked bacon, Vermont cheddar, lettuce, tomato, french fries & coleslaw	

NEW ENGLAND CRAB ROLL	36
delicate New England crabmeat with mayo, french fries & coleslaw	

SBLT	19
salmon bacon, lettuce, tomato, mayo, toasted sourdough, french fries & coleslaw	

PETITE LOBSTER ROLL & CUP OF CHOWDER	38
--------------------------------------	----

HALF POUND MAINE LOBSTER ROLL	45
warm butter-poached or traditional with lemon mayo, french fries & coleslaw	

CRAB CAKE SANDWICH	34
avocado, sriracha mayo, toasted brioche bun, french fries & coleslaw	

FISH TACOS	19.5
crispy local whitefish, pickled red cabbage, chipotle aioli, pico de gallo, fried plantains	

GRILLED CHICKEN SANDWICH	18.5
applewood smoked bacon, Vermont cheddar, lettuce, tomato, mayo, french fries & coleslaw	

TURKEY CLUB	15
bacon, lettuce, tomato, toasted sourdough, french fries & coleslaw	

SIDES

COLESLAW	4
----------	---

JASMINE RICE	7.5
--------------	-----

FRENCH FRIES	7.5
--------------	-----

BROCCOLI	7.5
----------	-----

ASPARAGUS	8.5
-----------	-----

BREAKFAST

ALL AMERICAN BREAKFAST*	14.5
3 eggs cooked to any style, bacon, brioche toast & home fries	

LEGAL BREAKFAST SANDWICH	13
scrambled eggs, bacon, monterey jack cheese, brioche, home fries	

OMELETS - SERVED WITH BRIOCHE TOAST & HOME FRIES	
VEGETABLE	14
roasted red peppers, avocado, tomato, scallions, monterey jack cheese	

BACON CHEDDAR	15
---------------	----

SHRIMP AVOCADO	25
----------------	----

pico de gallo, monterey jack cheese

HOME FRIES	6
------------	---

BACON	5
-------	---